

The Alliance Newsletter.

How to contact us

Graham Slater IKA Chairman
International Karate-do Alliance,
MC Box 1260 South East Mail Centre, Vic.
3176. Australia.
Ph 9897 3213 Mobile 0419 569 565
Email - ikachairman@bigpond.com

Andy Wright IKA President
International Karate-do Alliance,
142 Langford Road, Trowbridge, Wiltshire,
BA14 8NLi, LLK
Ph + 44 (0) 7000 781931
Email - andy@i-k-a.com
Web page <http://www.i-k-a.com>.

From the Chairman.

Welcome again to the Winter issue of our newsletter and as usual it is packed with lots of things happening within the I.K.A.

For these who have been trying to email me thank you for being very patient as I have had problems with my Email however I have changed servers and returning my e- mail will be a priority again.

RECENT EVENTS

This year was the launch of our official Victoria events calendar which has proved to be very successful and we hope other regions will adopt a similar format. Over the past few months seminars were conducted in the Bo, Kata and the Karate Kung fu connection. Recently we had Knife seminar conducted by Sensei Linc Hibbs. All events were well attended by a number of IKA instructors and their students.

COMING EVENTS

On the international front please note that we are planning to hold our International IKA camp in England this year which is billed as a world event with members and friendly colleagues invited from 15 countries. So if you are interesting in attending contact Sensei Andy Wright to hold you a place.

Over the next few months we will be continuing our monthly seminars. Coming events in Victoria will include the visit of Kancho Tony Jackson 8th Dan and Sensei Andrew Woodard will be conducting a seminar on "Strangles" from a doctor perspective which will prove to be very interesting. In August we have "Favorite sparring techniques" seminar hosted by Sensei Frank Palmieri 4th Dan as a lead up towards his planed 5th Washin School of Martial Arts, IKA Tournament that will be held in October. Washin School of Martial Arts

which seems to be going from strength to strength each year thanks to the Sensei Frank and his team of instructors.

The warmer weather brings the Melb Uni Martial Arts Camp in November at sunny Portsea camp site. Additions and subtractions happen all the time on the events calendar so please contact the hoist of the event or myself if you are attending.

NEW HOMBU

The new and improved IKA Honbu is planned to be finished before the end of the year for ready for its official opening. Kancho Jackson will be here in July doing the honours in the traditional turning of the soil. The centre is at the back of my new residence and will be equipped with toilet/ shower, matted training area doubles as accommodation and healing room set in Japanese gardens.

WEB SITE

The IKA web site will have online credit card facilities for memberships, badges, events and so on. The IKA video production has had a big capital injection and we are working as fast as we can to finish a video on the story of IKA

By the way if you have an email address please let us know because we can even send you this newsletter down the line and save on postage, we can notify you much quicker on various activities. One last thing from me before you get into the rest, "Membership fees are due the same time each year in; October. If you can remember which year you last donated please ask us or just send us a cheque as your funds essential in keeping operations rolling, thank you all and hope to catch you soon

Graham Slater

Founder /
Chairman



Sensei Graham Slater 5th Dan training in Japan.

Training In Japan



The Chairman Graham Slater was once again back in Japan keeping up connections with old colleagues and establishing new contacts. His job to extend the range of quality open minded martial artist instructors in Tokyo available to share knowledge with other IKA members. "It is a hard job to keep in touch with so many friends and colleagues that I have met in Japan let alone Australia or the rest of the world and it is a costly exercise but, I try." Graham states.

He stayed at his good friend Mr Naoharu Ishibashi's (IKA Vice President house for the duration of his visit traveling around Tokyo. It was great to stay with Naoharu his wife Noriko and their son Naoyuiki who seems surely destined to be a new race of jet eye knight with his cat like prowess and strength of an adult at age two and half. The training schedule was minor on this trip compared to other times but never the less equally important and enjoyable. Graham met up with Mr

Kazuhiko Shirai the IKA Regional Director and Shintaido exponent who introduced him to some of his colleagues including teachers Yarita of Aikido and Seichi Nakamura of Kurakukai. Some good training and experimental work was had by all, great stuff Graham says.

He also caught up with teacher Kazunobu Maekawa ex Shotokai/Soyo Juku and IKA Technical Adviser, Kiminori Ohgaki Tai Chi exponent and ex Soyo Juku Translator/Adviser. Graham was also pleased to see some other old friendly faces he used to train with under the very talented master Yasuo Ikeda (a protease of Shigeru Egami) both now deceased.



Sensei Graham with follow IKA members

IKA Victorian Seminars. By Sensei Ming Ng 4th Dan

On 23rd April, a very enthusiastic crowd of two dozen packed into the compact private dojo of the Advanced Martial Art Centre at Victoria Road Northcote. Sensei John Forza was leading a session on the kata Aragaki Sesan and some of the bunkai. Proceedings were capped off with a practical demonstration of the effectiveness of the techniques applied to demolish the pizzas produced by the local eatery.

About a month later, on 15th May, eight IKA members gathered for the seminar on the 'Chinese Connection' to be informed and entertained by Sifu Barry Pang and his students. Barry teaches the Wing Chun martial arts style, with Lung Ying, Choy Lai Fut, Lok Hup Put Fatt incorporated. He traced the origins of the arts he

practiced to the Shao Lin Temple, and emphasised the importance of dominating the 'centre line' and a firm stance in self-defence. Those present participated in a series of work-outs that included 'sticky hands' sparring. The seminar concluded with demonstrations of the some of the forms by Anne Pang and his students.



Have you checked out our Website ?

www.i.k.a.com
Chairman – Graham@I-k-a.com.
President – andy@i-k-a.com

Australian English is a funny and colourful tongue. Like the phrase above "chin-wag" meaning to chat or talk for some time. It smacks the image of a chin moving up and down right between the eyes. Much like the Australians themselves I suppose. They come across as no-nonsense types who are not afraid of telling you what they like or not. I like that in people. And so it was that I contacted Mr. James Chong who just having organised and hosted the N.S.W. state karate tournament, he managed to squeeze me into the Zanshin Shotokan dojo in downtown Sydney for a seminar.

The 3 hour seminar in this great dojo was enhanced by a large number of senior black belts from the Zanshin group. The evening's class was led by Ron Richards Sensei. He came across to me as a very experienced man who spoke little and chose his words carefully. I had a good selection of "volunteers" for the evening and demonstrating the effectiveness of "Gedan-barai" on all different types of people, big, small, muscular, slim, heavy, worked universally. Of the twenty-two people who showed up, I was glad to say that twenty-two people left with a lot more knowledge than they came in with.

It was no surprise to me that many of the senior black belts did not know the bunkai for the basic Shotokan kata as it is not taught in this way in many dojo. As Heian Shodan is probably one of the first Kata that all beginner students learn and as black belts, probably everyone has practiced this Kata to the count of hundreds of thousands times, yet not one of them knew the Ura (hidden) meanings behind this Kata. So, I felt it important to explain the kata in its entirety to the group and got everyone sweating from the training as well as grimacing from the effects of the Kyusho strikes. We have a lot of fun!

The next stop of this trip took me south to the garden state of Victoria. The city is clean with lots of activities, from cultural to sporting to the arts. Needless to say, the martial arts thrive here and it was via the internet that I met Frank Palmieri sensei. I am happy to say that we have become good friends and was shown around the city by him. Palmieri sensei is the chief instructor for Washin-School of Martial Arts. It is a Shotokan-based school that teaches a well-rounded curriculum involving the learning of many skills. In addition to the usual Shotokan classes of Kata, Kihon and Kumite, they also practice a wide range of self-defence, kata application, grappling, wrestling and pressure points. It is not surprising to note that their membership level is close to 150 members.

Although the skill level of the seminar participants varied from beginners to 2nd Dan black belts, overall, the standard of the skills demonstrated by the students were high. Their keenest to learn and pick up details was



WSMA Hadfield Dojo Seminar

commendable and so were their effort into practicing the techniques. There were a lot of kids who showed for the first session, about 30-odd, and like all children, were brimming with enthusiasm and energy. They were not shy about asking questions nor showing what they can do. I remember that they all had really healthy kiai that would put most adults to shame. Their practice were always 110%! The following adult class was not too shabby either. With twenty-plus participants coming in for the session, it was good to note that the Washin-dojo practiced an open-door policy to all comers and visitors. The ugly face

of politics found in many other schools did not even rear its head here.

At this occasion, Palmieri Sensei had just completed the Washin-Ryu course syllabus and documented everything about the school. Every technique was spelt out in English as well as its Japanese equivalent, every technique was photographed and included in the manual. It was a lot of effort and this work was foreworded by the Chairman of the International Karate-Do Alliance, Graham Slater Sensei, 5th Dan. The manual was officially presented to the class by Slater Sensei and a copy of the manual and a Washin-Ryu shirt was presented and received by myself.

The seminars allowed me to get about and see Melbourne and its suburbs for all its glory, with Palmieri Sensei shuttling me from Hadfield, Glenroy and finally to the University of Melbourne on the final day. I had the chance to meet and interact with people coming in from all different backgrounds, including Goju-Ryu stylists, Tai Chi, Shotokai, freestyle and various other schools teaching Shotokan-based karate.

My thanks to both James Chong in Sydney and Frank Palmieri in Melbourne for hosting a memorable visit to Australia.. I look forward to returning to these dojo again in the near future and I believe that I will as Sensei Frank Palmieri has invited me to attend their summer camp later this year.



Left Sensei Graham Slater having a hug from a follow IKA member

I.K.A – U.K Round Up from Andy Wright 4th Dan. IKA President.



The International Karate-do Alliance has had quite a number of seminars between August last year (1998) and May this year. Rather than detailing each seminar individually, I have put them all together in one article, which I hope you will enjoy.

Please note that if you are saying to yourself, "Oh, I wish I could have gone to so-and-so seminar..." then feel free to come along. Without seeming to be petty The International Karate-do Alliance open door policy was around a lot longer than most of the other Associations who are now advocating open door seminars, etc.

The non-profit International Karate-do Alliance offer you the chance to join as an Associate. Member (from £6 per year) regardless of current affiliations, instantly qualifying you for discounts on our training fees! (You can ~save~ your fees by attending just two or three sessions during your year of membership!)

There are regular seminars with named and unnamed sensei throughout the year. These are usually in a variety of Arts and locations around the country but the main ones are held in Chippenham (because of the easy access to the M4 motorway). Any group or faction is welcome to attend any of the International Karate-do Alliance events even if they do not actually join!

OCTOBER 98

The 31st saw a seminar with Rick Jackson 7th Dan, Shotokan. He has 30+ years of hard training behind him, some of which was in Japan. His reputation for strictness and hard training had preceded him so much so that everyone was prepared for the worst. However, in my opinion, he was no harder than anyone else I have trained with! We were relieved to hear his attitudes and opinions to training coincided with the International Karate-do Alliance.

During the 2-hour session he produced some interesting training combinations, which I have since adopted for my own club!

NOVEMBER 98

The International Karate-do Alliance played host to Rick Clark 8th Dan on 15th November. He holds quite a number of grades in different martial arts, including Taekwondo!! His philosophy of cross-training had been

reiterated on many occasions and because of this the International Karate-do Alliance was pleased to host a seminar.

I had trained with this master of kyusho-jitsu on many occasions before. The International Karate-do Alliance had missed out hosting a seminar on the last visit because of Rick Clark last minute ill-health. However, Rick was fit and well again, and the turn out of mostly International Karate-do Alliance members was admirable. Some had travelled from Manchester, South Wales, Camberley and London to attend the 4-hour seminar.

Rick covered a wide variety of subjects including kata bunkai during the session. His unique sense of humour helped to make the day successful. (Rick's next tour is around June 99) (photo 6) The November Circle of Knowledge seminar on the 22nd was held in Watford and was hosted by Bill Rowles 4th Dan Shorin Ryu, whom I had met and trained with at the UK Meet (held in Luton) and Circle of Knowledge in Reading.

This was an excellent seminar, being the first COK with lots of people attending! Vivian Dhaliwal of "Tetsudo" had brought quite a number of her students down from Loughborough. The variety of styles (Goju, Wado, Shotokan, Tetsudo, Matsumura Shorin Ryu, etc) was also very useful as it enabled the participants to see how similar all the different Arts actually are!

JANUARY 99

Mark Kirton 2nd Dan, came to Chippenham in Wiltshire for a seminar. He trains in Kyokushinkai and gave the participants a taster of the style. His 2-hour session also incorporated some thai boxing techniques. Mark joined as an Associate Member and attended the Rick Clark seminar where he was persuaded to lead a session!

FEBRUARY 99

The International Karate-do Alliance hosted a seminar in Swindon with Peter Witney 7th Dan. Although not someone instantly recognisable unless you live in his area and practise MA, he has been training for 30+ years, starting out with Kempo and then moving on to Wado Ryu. His change of style coincided with the change to Higashi Ryu (under Peter Spanton) where he has remained for 20 odd years. His Swindon group is well known in the area even by non-Swindon residents such as myself!

